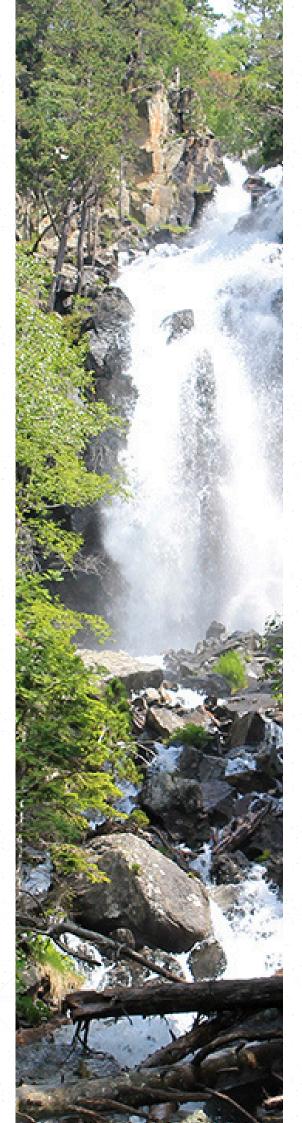


# Pyrenees

# Pallars Sobirà 08 days





# Highlights of Catalan Pyrenees

Fitness dificult



Technical dificult





Aigüestortes i Estany de Sant Maurici National Park (Catalan: Parc Nacional d'Aigüestortes i Estany de Sant Maurici, Spanish: Parque Nacional de Aiguas Tortas y Lago de San Mauricio), is one of the fifteen Spanish national parks, and the only one located in Catalonia.

A wild mountain region in the Pyrenees, with peaks rising to 3017 m (Besiberri Sud) and with nearly 200 lakes, many of them of glacial origin, the park comprises a core area of 141 km2 and a buffer zone of 267 km2 surrounding the park. The park's name in Catalan is Aigüestortes i Estany de Sant Maurici, freely translated as "The winding streams and St. Maurice lake".

The park has an elevation range of 1600 to 3000 metres and contains four major vegetation zones: lower montane, upper montane, subalpine and alpine.

The fauna includes Pyrenean chamois, brown bear, marmot, ermine, roe deer, among other mammals and numerous birds (black woodpecker, common crossbill, lammergeier, golden eagle).







#### **BCN - Sort**

After arrive to Barcelona Airport a person from our team will be there to pick up the guests from Barcelona to Sort by van (8 sits + 1 driver sit), in case, we have 2 vans.

We will stay in Can Josep hotel the 7 nights.

BCN - Sort - 3 hours aprox.

## DAY 2



# 1. Parc Nacional Aigüestortes i Sant Maurici

First day, we start from Espot, one of the gates to the National Park, today we will enjoy one of the most famous trek in Spain Pyrenees.

The national park is well known because there are more than 200 lakes.

We start walking from Prat de Pierrot parking to the summit of Els Encantats, from there we descend the same way and then we will complete the full loop of Sant Maurici.

19kms 1350mts. + & 1350mts. - / Aprox. 8 hours

# 2. Tavascan - Natural Park of High Pyrenees



We walk from Noarre arround the Natural Park of High Pyrenees, one of the most beautiful parts walking along rivers and around plenty of lakes. Is a wonderful walk away of people and with some spots where we can see in a good day some deers.

<u>17,5kms 1350mts. + & 1550mts. - / Aprox. 9 hours</u>



# 3. Àreu - Natural Park of High Pyrenees

Today we are going to achieve the summit of Pica Roja, a technical summit around 3000 meters high summits, a special spot in the middle of nothing.

<u>11,5kms. +/-1100mts. / Aprox. 8 hours.</u>



# 4. Canyoning + Via ferrata

Adventure day, we will do an easyy canyon (if the conditions are okei), more or less is going to take arround 3 hours, we will have lunch and after having lunch we are going to do a via ferrata K3 near Alins. Both activities are optional, are included in the price but like everything you can choose to do another thing. Special dinner!



#### 5. Gerdar - National Park

We drive to Peulla ski resort parking we start walking up to Gerber lake, we cross lots of lakes (Rodó lake, Illa lake, Blau lake, Xemeneia lake), we cross Bassiero hill and we start going down to Mata de València forest, the biggest fri tree forest in Spain.

We finished walking alont the forest to the car.

<u>17kms. 1330mts. +/- Aprox. 8 hours.</u>

<sup>\*</sup>Per tal de garantir la seguretat dels participants i el desenvolupament correcte de l'activitat, Atlas Natura es reserva el dret de modificar els itineraris si les condicions atmosfèriques, estat del terreny, condicions del grup o qualsevol altre motiu ho requereix.



#### 6. Hortoneda - Pessonada



Embark on a breathtaking route through Pessonada, where you'll uncover remnants of the Spanish Civil War while walking along dramatic cliffs. The trail offers unparalleled views of the Conca de Tremp and the serene Sant Antoni Reservoir, making it a perfect blend of history, nature, and awe-inspiring landscapes.

Technical descend using some iron steps.

16kms. +/- 820 mts. / Aprox. 8 hours.

# Sort - BCN airport



If we have time before leaving we can do a short walk along the river.

Sort - BCN - 3 hours aprox.

\*To ensure the safety of participants and the proper execution of the activity, Atlas Natura reserves the right to modify itineraries if weather conditions, terrain status, group dynamics, or any other reason make it necessary.







For the different days.







Cup







jacket and fleece























2 nights Can Josep, Sort 5 nights refugee



- Trekking/trip insurance.
- Transfers from and to airoport.
- 7 nights in a rural hotel.
- 7 breakfasts and dinners.
- Transfers during all the days to the hikes start.
- UIMLA Mountain Leader for all the days.
- Accomodation booking.
- 1 canyoning and via ferrat activity on the free day.
- Guides logistics.



# No included

- Lunches (option to buy it in supermarkets or bars to take away)
- Drinks and food out of service menu of dinners and breakfasts.
- All not included on Included space.
- Flights.
- Individual room (supply) only available in the hotel.

## Terms and conditions

To confirm your booking, a deposit of €1,000 (50% of the trip price) is required via bank transfer to the account details that will be provided. Alternatively, you can choose a payment plan:

• Three installments: Two payments of €750 and a final payment of €450.

The remaining balance must be settled one month before the trip.

If you have any questions or need further assistance, please don't hesitate to contact us—we'll be delighted to help!

## **Terms and conditions**

- Atlas Natura reserves the right to cancel or modify activities due to weather conditions or any other circumstances that may affect group safety.
- If a participant does not meet the required or agreed technical or physical level, Atlas Natura may, if possible, adjust the itinerary or program to better suit the participant's abilities. Additionally, the guide may modify the program in response to weather or mountain conditions to ensure the safety of all participants. As a last resort, if a participant is unable to meet the stipulated technical or physical requirements agreed upon prior to booking, the guide may suggest shortening or removing certain sections of the route for that individual.
- Participants are required to inform Atlas Natura of any health issues, allergies, or cardiovascular conditions before booking an activity. Atlas Natura is not responsible for any pre-existing health conditions.
- By booking an activity, the participant agrees to the terms and conditions outlined here, as well as in the registration form.
- Cancellation Policy
- If a cancellation occurs up to one month before the activity, the full amount paid will be refunded.
- For cancellations made up to 7 days before the activity, 20% of the total amount will be refunded as a reservation fee.
- Cancellations made the day before the activity will not be refunded.
- Failure to attend on the departure day will result in the loss of the full amount paid. Additionally, abandoning the activity for personal reasons will also result in the forfeiture of the full payment.
- Under no circumstances will the cost of train or plane tickets already issued be reimbursed.

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